

Proforma for Counselling Supervisor's Report

This form is to be used by your counselling supervisor to provide us with an accurate picture of your progress to date. The supervisor's report is a vital component of training and the Board of Censors for Genetic Counselling requires that reports submitted be comprehensive and focused on the goals for supervision as laid out in the Guidelines for Training in Genetic Counselling. This template is based on those objectives and by using it for report writing, your supervisor will be able to identify areas requiring more attention in supervision sessions. It will be helpful for you to discuss your supervisor's comments with him or her prior to submitting this report. Failure to provide this assessment of progress may jeopardise the candidate's certification.

An example of how this proforma might be completed follows.

Under the heading below "Has developed a level of self-awareness...", the supervisor might write:
"The candidate's life experiences have increased her own self awareness. She understands that clients don't always make the same decisions she might. She also has a good understanding of the complex ethical dilemmas which clients often face."

This comment provides evidence that the candidate has made substantial progress in that particular area. An example of how the candidate implements each point in his or her counselling sessions with clients will help the Board gain an understanding of his or her performance.

Candidate's Name:

Date of Completion of Report:

Supervisor's Name:

Supervisor's Qualifications and Experience (in brief):

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Supervisor's Signature:

Skill	Supervisor's Comments and Example of Skill Application Where Possible
Understands and can apply the techniques of giving bad news.	
Understands and can apply the skills necessary for effective communication: empathy, open-ended questions, ventilation, reflection, non-judgmental attitude, acknowledges feelings appropriately etc.	
Understands the decision making process and can facilitate this effectively.	
Can cope with and effectively manage a range of unexpected client responses eg anger, guilt, grief.	
Has knowledge of normal human developmental stages and associated behaviours; can use this knowledge in the counselling setting.	
Recognises and respects the role of defence mechanisms.	
Can individualise each client; recognises that social class, gender, education, religion etc do not necessarily determine client reactions or decisions.	
Understands the grieving process and is comfortable providing unconditional support.	

<p>Is aware of and can effectively address emotional reactions often encountered in genetic counselling eg chronic sorrow, stigma, grief, guilt, anxiety, etc.</p>	
<p>Understands how a client's past experience may play a role in dealing with the current crisis.</p>	
<p>Has some understanding of personality dysfunction.</p>	
<p>Is aware of cultural and social attitudes to issues such as reproduction, termination of pregnancy, parental and gender role differentiation.</p>	
<p>Has developed a level of self awareness about attitudes to race, religion, moral and ethical beliefs etc and can put these to one side when counselling.</p>	
<p>Can utilise the supervision process effectively, is well prepared and committed to developing counselling skills.</p>	

Any other comments about the candidate's progress:

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